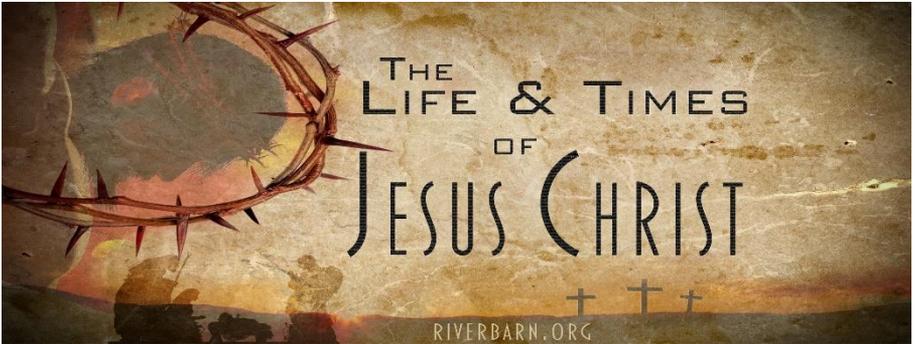


# The Life & Times of Jesus Christ

**Lawful and Permissible**

By  
Pastor Katie Sare



Power Verse

**Psalm 34:14 (AMP)**

<sup>14</sup>Turn away from evil and do good;  
Seek peace and pursue it.

## Matthew 12

<sup>9</sup> Leaving there, He went into their synagogue. <sup>10</sup> A man *was there* whose hand was withered. And they asked Jesus, “Is it lawful *and* permissible to heal on the Sabbath?”—*they asked this* so that they might accuse Him *and* bring charges into court. <sup>11</sup> But He said to them, “What man is there among you who, if he has only one sheep and it falls into a pit on the Sabbath, will not take hold of it and lift it out? <sup>12</sup> How much more valuable then is a man than a sheep! So it is lawful *and* permissible to do good on the Sabbath.” <sup>13</sup> Then He said to the man, “Reach out your hand!” The man reached out and it was restored, as normal *and* healthy as the other. <sup>14</sup> But the Pharisees went out and conspired against Him, *discussing* how they could destroy Him.

<sup>15</sup> Being aware of this, Jesus left there. Many followed Him, and He healed all of them [who were sick], <sup>16</sup> and warned them not to tell [publicly] who He was. <sup>17</sup> *This was* to fulfill what was spoken by the prophet Isaiah:

18

“BEHOLD, MY SERVANT WHOM I HAVE CHOSEN;  
MY BELOVED IN WHOM MY SOUL IS WELL-PLEASSED;  
I WILL PUT MY SPIRIT UPON HIM,  
AND HE WILL PROCLAIM JUSTICE TO THE NATIONS.

19

“HE WILL NOT QUARREL, NOR CRY OUT LOUDLY;  
NOR WILL ANYONE HEAR HIS VOICE IN THE STREETS.

20

“A BATTERED REED HE WILL NOT BREAK,  
AND A SMOLDERING WICK HE WILL NOT EXTINGUISH,  
UNTIL HE LEADS JUSTICE TO VICTORY.

21

“AND IN HIS NAME THE GENTILES (all the nations of the world) WILL HOPE [with confidence].”

## Mark 3

Again Jesus went into a synagogue; and a man was there whose hand was withered. <sup>2</sup> The Pharisees were watching Jesus *closely to see* if He would heal him on the Sabbath, so that they might accuse Him [in the Jewish high court]. <sup>3</sup> He said to the man whose hand was withered, “Get up and come forward!” <sup>4</sup> He asked them, “Is it lawful on the Sabbath to do good or to do evil, to save a life or to kill?” But they kept silent. <sup>5</sup> After looking around at them with anger, grieved at the hardness *and* arrogance of their hearts, He told the man, “Hold out your hand.” And he held it out, and his hand was [completely] restored. <sup>6</sup> Then the Pharisees went out and immediately *began* conspiring with the Herodians [to plot] against Him, as to how they might [fabricate some legal grounds to] put Him to death.

## Luke 6

<sup>6</sup> On another Sabbath He went into the synagogue and taught, and a man was present whose right hand was withered. <sup>7</sup> The scribes and the Pharisees were watching Him closely [with malicious intent], to see if He would [actually] heal [someone] on the Sabbath, so that they might find *a reason* to accuse Him. <sup>8</sup> But He was aware of their thoughts, and He said to the man with the withered hand, “Get up and come forward.” So he got up and stood *there*. <sup>9</sup> Then Jesus said to them, “I ask you directly: Is it lawful to do good on the Sabbath or to do evil, to save a life or to destroy it?” <sup>10</sup> After looking around at them all, He said to the man, “Stretch out your hand!” And he did, and his hand was [fully] restored. <sup>11</sup> But the scribes and Pharisees were filled with senseless rage [and lacked spiritual insight], and discussed with one another what they might do to Jesus.

## Matt 22

<sup>36</sup> “Teacher, which is the greatest commandment in the Law?” <sup>37</sup> And Jesus replied to him, “YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.’ <sup>38</sup> This is the first and greatest commandment. <sup>39</sup> The second is like it, ‘YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF [that is, unselfishly seek the best or higher good for others].’ <sup>40</sup> The whole Law and the [writings of the] Prophets depend on these two commandments.”

## Galatians 6:9

<sup>9</sup> Let us not grow weary *or* become discouraged in doing good, for at the proper time we will reap, if we do not give in.

## 2 Thessalonians 3:13

<sup>13</sup> And as for [the rest of] you, believers, do not grow tired *or* lose heart in doing good [but continue doing what is right without weakening].

## Psalms 37:3

<sup>3</sup> Trust [rely on and have confidence] in the LORD and do good; Dwell in the land and feed [securely] on His faithfulness.

## Psalms 51:18

<sup>18</sup> By Your favor do good to Zion; May You rebuild the walls of Jerusalem.

## Luke 6:35

<sup>35</sup> But love [that is, unselfishly seek the best or higher good for] your enemies, and do good, and lend, expecting nothing in return; for your reward will be great (rich, abundant), and you will be sons of the Most High; because He Himself is kind *and* gracious *and* good to the ungrateful and the wicked.

## Psalm 34:12-16

<sup>12</sup> Who is the man who desires life  
And loves many days, that he may see good?

<sup>13</sup> Keep your tongue from evil  
And your lips from speaking deceit.

<sup>14</sup> Turn away from evil and do good;  
Seek peace and pursue it.

<sup>15</sup> The eyes of the LORD are toward the righteous [those with moral courage  
and spiritual integrity]  
And His ears are open to their cry.

<sup>16</sup> The face of the LORD is against those who do evil,  
To cut off the memory of them from the earth.

## 1 Peter 3:10-12

<sup>10</sup> For,

“THE ONE WHO WANTS TO ENJOY LIFE AND SEE GOOD DAYS [good—whether apparent  
or not],  
MUST KEEP HIS TONGUE FREE FROM EVIL AND HIS LIPS FROM SPEAKING GUILTY (treachery,  
deceit).

<sup>11</sup>

“HE MUST TURN AWAY FROM WICKEDNESS AND DO WHAT IS RIGHT.  
HE MUST SEARCH FOR PEACE [with God, with self, with others] AND PURSUE IT  
EAGERLY [actively—not merely desiring it].

<sup>12</sup>

“FOR THE EYES OF THE LORD ARE [looking favorably] UPON THE RIGHTEOUS (the  
upright),  
AND HIS EARS ARE ATTENTIVE TO THEIR PRAYER (eager to answer),  
BUT THE FACE OF THE LORD IS AGAINST THOSE WHO PRACTICE EVIL.”

Ezekiel 36:26

<sup>26</sup> Moreover, I will give you a new heart and put a new spirit within you, and I will remove the heart of stone from your flesh and give you a heart of flesh.

1 Corinthians 9:24

<sup>24</sup> Do you not know that in a race all the runners run [their very best to win], but only one receives the prize? Run [your race] in such a way that you may seize the prize *and* make it yours!

# NOTES

*All scripture reference is taken from Amplified Bible unless otherwise noted.*